

From the U.S. Department of Health & Resources

Consequences that may affect your son or daughter whether or not they drink.

- **Death:** 1700 college students between the ages of 18 and 24 die each year from alcohol related unintentional injuries.
- **Injury:** 599,000 students between 18 and 24 are unintentionally injured under the influence of alcohol.
- **Assault:** More than 600,000 students between 18 and 24 are assaulted by another student who has been drinking.
- **Sexual Abuse:** More than 97,000 students between 18 and 24 are victims of alcohol-related sexual assault or date rape.
- **Unsafe Sex:** 400,000 students between 18 and 24 have unprotected sex and more than 100,000 students of the same age range report having been too intoxicated to know if they consented to having sex.
- **Academic Problems:** About 25% of college students report academic consequences of their drinking including missing class, falling behind, doing poorly on exams or papers, and receiving lower grades.
- **Health Problems/Suicide Attempts:** More than 150,000 students develop an alcohol-related health problem and between 1.2 and 1.5% of students indicate that they tried to commit suicide with the past year due to drinking or drug use.
- **Drunk Driving:** 2.1 million students between 18 and 24 report driving under the influence of alcohol last year.
- **Alcohol Abuse and Dependence:** 31 % of college students met criteria for a diagnosis of alcohol abuse and 6% for alcohol dependence in the last 12 months.

From Sam Spady Foundation, From Binge to Blackout, and MADD

- The Federal government spends 25 times more on illegal drug abuse prevention than on underage drinking prevention despite the fact that alcohol kills six times more youths than all other drugs combined.
- Women's bodies have a higher ratio of fat to water, so alcohol is less diluted before reaching the bloodstream.
- Binge drinking is having more than 5 drinks in one sitting.
- 47% of kids say the reason they drink is to get drunk.
- According to research, the reason kids drink: peer pressure and the status of drinking.
- A teen doesn't know the feeling of "too much" so they drink until their body shuts down. Alcohol poisoning deaths usually only happen to people under 25.
- Students polled: 49 % would not call 911 if a friend passed out.
- The brains of girls are not developed until age 20-22, boys age 23-25.
- A teen can become an alcoholic in just **5-15 MONTHS** because the brain is not developed.
- Just one episode of binge drinking can cause irreversible brain damage affecting memory and learning. The frontal lobe, the last region to mature, controls these functions.
- There is a Huge Hereditary link to alcoholism. If it is in your family, you need to talk to your child.
- Blood alcohol continues to rise after the last drink. Alcohol in the stomach and intestine continue to enter the bloodstream. Anything over .3 BAC can put a person in a coma.
- **A Blackout is not the same as passed out.** Blackout is functioning, with or without the appearance of intoxication, but there is no recollection of the activities the next day. Blackouts often occur after rapid consumption of alcohol. During this time, unprotected sex, drunk driving, theft, spending large amounts of money and other risky behavior takes place. More than ½ of college students and 20% of all teens have experienced a blackout.

It is called intoxication because it is toxic.